






Furman Aquatic Center Calendar

June 2019
Located at 1635 13th Street

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>PLEASE NOTE: This schedule is weather dependent. Daily hours are posted on the Furman Aquatic Center Facebook page and the hotline (515-239-5434, Category 6)</p>		<p>ACAC Swim Meet: Rock the Blocks, June 7-9!</p>  <p>For one weekend, the Ames Cyclone Aquatics Club hosts a swim meet to afford competitive swimmers the opportunity to participate in a local meet.</p> <p>On these dates, the 50 meter pool will not be available for open swim. The Splash Pool and Lazy River will remain open.</p>		<p>Furman Aquatics Center is on Facebook</p>  <p>“Like” us to stay up to date on events at Furman Aquatic Center. Hours are posted daily. Not on Facebook? Don’t worry; you can still view the information without logging in or having an account. Just follow the link provided at www.amesparkrec.org.</p>		<p>1</p> <p>Long Course Lap Swim 7 AM – 10 AM</p> <p>Adult Lap Swim, Water Walking & Tot Time 11 AM – 1 PM*</p> <p>Open Swim 1 PM – 8 PM</p> <p>Wibit Inflatable Obstacle Course in Deep End 5:30 PM – 8 PM**</p>
<p><i>Events and activities in italics are by registration. You may register online at www.amesparkrec.org, in person at the Community Center, or by calling 515-239-5350.</i></p>		<p>Supervision of Children</p> <ul style="list-style-type: none"> Children 6 and under must be actively supervised by an adult (16 and above) in the water at all times. Children 7-9 years old must be accompanied by an adult (16 and above) at the facility. Children 12 and under must pass a deep water test before entering the 13 foot area (diving boards/drop slide). 		<p>*No new admittance between 12:30 and 1:00 PM</p> <ul style="list-style-type: none"> Tot Time is for ages 7 and under Adult Lap Swim and Water Walking is for adults 16 and older. 		
<p>2</p> <p>Adult Lap Swim, Water Walking & Tot Time 11 AM – 1 PM*</p> <p>Open Swim 1 PM – 8 PM</p> <p>Adult Water Walking 7 PM – 8 PM</p>	<p>3</p> <p>Early Bird Lap Swim 6 AM – 8 AM</p> <p>Total Aqua Conditioning 11:00am-12:00pm</p> <p>Adult Lap Swim, Water Walking & Tot Time 11 AM – 1 PM*</p> <p>Open Swim 1 PM – 8 PM</p> <p>Aqua Bootcamp 5:30 PM – 6:30 PM</p>	<p>4</p> <p>Early Bird Lap Swim 6 AM – 8 AM</p> <p>Total Aqua Conditioning 11:00am-12:00pm</p> <p>Adult Lap Swim, Water Walking & Tot Time 11 AM – 1 PM*</p> <p>Open Swim 1 PM – 8 PM</p> <p>Deep Water Fitness 5:30 PM – 6:30 PM</p> <p>Adult Water Walking 7 PM – 8 PM</p>	<p>5</p> <p>Early Bird Lap Swim 6 AM – 8 AM</p> <p>Total Aqua Conditioning 11:00am-12:00pm</p> <p>Adult Lap Swim, Water Walking & Tot Time 11 AM – 1 PM*</p> <p>Open Swim 1 PM – 8 PM</p> <p>Aqua Bootcamp 5:30 PM – 6:30 PM</p>	<p>6</p> <p>Early Bird Lap Swim 6 AM – 8 AM</p> <p>Total Aqua Conditioning 11:00am-12:00pm</p> <p>Adult Lap Swim, Water Walking & Tot Time 11 AM – 1 PM*</p> <p>Open Swim 1 PM – 8 PM</p> <p>Deep Water Fitness 5:30 PM – 6:30 PM</p> <p>Adult Water Walking 7 PM – 8 PM</p>	<p>7</p>  <p>ACAC Swim Meet 50-Meter pool closed</p> <p>Water Walking & Tot Time 11 AM – 1 PM*</p> <p>Open Swim in Lazy River & Splash Pool 1 PM – 8 PM</p> <p>Note: Municipal Pool will be open for adult lap swim, 11AM-1PM.</p>	<p>8</p>  <p>ACAC Swim Meet 50-Meter pool closed</p> <p>Water Walking & Tot Time 11 AM – 1 PM*</p> <p>Open Swim in Lazy River & Splash Pool 1 PM – 8 PM</p> <p>Note: Municipal Pool will be open for adult lap swim, 11AM-1PM.</p>
<p>9</p>  <p>ACAC Swim Meet 50-Meter pool closed</p> <p>Water Walking & Tot Time 11 AM – 1 PM*</p> <p>Open Swim in Lazy River & Splash Pool 1 PM – 8 PM</p> <p>Adult Water Walking 7 PM – 8 PM</p> <p>Note: Municipal Pool will open an hour early for adult lap swim, 11AM-1PM.</p>	<p>10</p> <p>Early Bird Lap Swim 6 AM – 8 AM</p> <p>Total Aqua Conditioning 11:00am-12:00pm</p> <p>Adult Lap Swim, Water Walking & Tot Time 11 AM – 1 PM*</p> <p>Open Swim 1 PM – 8 PM</p> <p>Aqua Bootcamp 5:30 PM – 6:30 PM</p> <p>Log Rolling 8:15 PM – 9:00 PM</p>	<p>11</p> <p>Early Bird Lap Swim 6 AM – 8 AM</p> <p>Total Aqua Conditioning 11:00am-12:00pm</p> <p>Adult Lap Swim, Water Walking & Tot Time 11 AM – 1 PM*</p> <p>Open Swim 1 PM – 8 PM</p> <p>Deep Water Fitness 5:30 PM – 6:30 PM</p> <p>Adult Water Walking 7 PM – 8 PM</p>	<p>12</p> <p>Early Bird Lap Swim 6 AM – 8 AM</p> <p>Total Aqua Conditioning 11:00am-12:00pm</p> <p>Adult Lap Swim, Water Walking & Tot Time 11 AM – 1 PM*</p> <p>Open Swim 1 PM – 8 PM</p> <p>Aqua Bootcamp 5:30 PM – 6:30 PM</p> <p>Water Polo 8:00 PM – 9:00 PM</p> <p>Log Rolling 8:15 PM – 9:00 PM</p>	<p>13</p> <p>Early Bird Lap Swim 6 AM – 8 AM</p> <p>Total Aqua Conditioning 11:00am-12:00pm</p> <p>Adult Lap Swim, Water Walking & Tot Time 11 AM – 1 PM*</p> <p>Open Swim 1 PM – 8 PM</p> <p>Deep Water Fitness 5:30 PM – 6:30 PM</p> <p>Adult Water Walking 7 PM – 8 PM</p>	<p>14</p> <p>Early Bird Lap Swim 6 AM – 8 AM</p> <p>Adaptive Open Swim 9:30AM-10:30AM</p> <p>Adult Lap Swim, Water Walking & Tot Time 11 AM – 1 PM*</p> <p>Open Swim 1 PM – 8 PM</p>	<p>15</p> <p>Long Course Lap Swim 7 AM – 10 AM</p> <p>Adult Lap Swim, Water Walking & Tot Time 11 AM – 1 PM*</p> <p>Open Swim 1 PM – 8 PM</p> <p>Wibit Inflatable Obstacle Course in Deep End 5:30 PM – 8 PM**</p>

The Parks and Recreation Department reserves the right to alter this schedule if events or activities warrant.

Special events or time changes will be posted on our website.

*Additional information and online registration for Lifeguard Certification and Recertification Courses can be found at www.amesparkrec.org.

**On Friday evenings, the deep end of the 50 Meter Pool will be closed 5:30-6:00 PM for setup of the Wibit Inflatable Obstacle Course

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>16</p> <p>Adult Lap Swim, Water Walking & Tot Time 11 AM – 1 PM*</p> <p>Open Swim 1 PM – 8 PM</p> <p>Adult Water Walking 7 PM – 8 PM</p>	<p>17</p> <p><i>Early Bird Lap Swim</i> 6 AM – 8 AM</p> <p><i>Junior Lifeguarding</i> 9 AM – 11 AM</p> <p><i>Total Aqua Conditioning</i> 11:00am-12:00pm</p> <p>Adult Lap Swim, Water Walking & Tot Time 11 AM – 1 PM*</p> <p>Open Swim 1 PM – 8 PM</p> <p><i>Aqua Bootcamp</i> 5:30 PM – 6:30 PM</p> <p><i>Log Rolling</i> 8:15 PM – 9:00 PM</p>	<p>18</p> <p><i>Early Bird Lap Swim</i> 6 AM – 8 AM</p> <p><i>Junior Lifeguarding</i> 9 AM – 11 AM</p> <p><i>Total Aqua Conditioning</i> 11:00am-12:00pm</p> <p>Adult Lap Swim, Water Walking & Tot Time 11 AM – 1 PM*</p> <p>Open Swim 1 PM – 8 PM</p> <p><i>Deep Water Fitness</i> 5:30 PM – 6:30 PM</p> <p>Adult Water Walking 7 PM – 8 PM</p>	<p>19</p> <p><i>Early Bird Lap Swim</i> 6 AM – 8 AM</p> <p><i>Junior Lifeguarding</i> 9 AM – 11 AM</p> <p><i>Total Aqua Conditioning</i> 11:00am-12:00pm</p> <p>Adult Lap Swim, Water Walking & Tot Time 11 AM – 1 PM*</p> <p>Open Swim 1 PM – 8 PM</p> <p><i>Aqua Bootcamp</i> 5:30 PM – 6:30 PM</p> <p><i>Water Polo</i> 8:00 PM – 9:00 PM</p> <p><i>Log Rolling</i> 8:15 PM – 9:00 PM</p>	<p>20</p> <p><i>Early Bird Lap Swim</i> 6 AM – 8 AM</p> <p><i>Junior Lifeguarding</i> 9 AM – 11 AM</p> <p><i>Total Aqua Conditioning</i> 11:00am-12:00pm</p> <p>Adult Lap Swim, Water Walking & Tot Time 11 AM – 1 PM*</p> <p>Open Swim 1 PM – 8 PM</p> <p><i>Deep Water Fitness</i> 5:30 PM – 6:30 PM</p> <p>Adult Water Walking 7 PM – 8 PM</p>	<p>21</p> <p><i>Early Bird Lap Swim</i> 6 AM – 8 AM</p> <p><i>Junior Lifeguarding</i> 9 AM – 11 AM</p> <p>Adaptive Open Swim 9:30AM-10:30AM</p> <p>Adult Lap Swim, Water Walking & Tot Time 11 AM – 1 PM*</p> <p>Open Swim 1 PM – 8 PM</p> <p>Sun Safety Day! 1 PM – 3 PM Sponsored by Mary Greeley Medical Center, the William R. Bliss Cancer Center, and McFarland Clinic. No advance registration required.</p>	<p>22</p> <p>Long Course Lap Swim 7 AM – 10 AM</p> <p><i>Princess Pool Party</i> 8:30 AM – 10 AM <i>We have invited The Little Mermaid and her friends for a swim!</i> <i>Registration required. Registration includes one adult (16+) and one child. Gates open at 8:30AM.</i></p> <p>Adult Lap Swim, Water Walking & Tot Time 11 AM – 1 PM*</p> <p>Open Swim 1 PM – 8 PM</p> <p>Wibit Inflatable Obstacle Course in Deep End 5:30 PM – 8 PM**</p>
<p>23</p> <p>Adult Lap Swim, Water Walking & Tot Time 11 AM – 1 PM*</p> <p>Open Swim 1 PM – 8 PM</p> <p>Adult Water Walking 7 PM – 8 PM</p>	<p>24</p> <p><i>Early Bird Lap Swim</i> 6 AM – 8 AM</p> <p><i>Total Aqua Conditioning</i> 11:00am-12:00pm</p> <p>Adult Lap Swim, Water Walking & Tot Time 11 AM – 1 PM*</p> <p>Open Swim 1 PM – 8 PM</p> <p><i>Aqua Bootcamp</i> 5:30 PM – 6:30 PM</p> <p><i>Log Rolling</i> 8:15 PM – 9:00 PM</p>	<p>25</p> <p><i>Early Bird Lap Swim</i> 6 AM – 8 AM</p> <p><i>Total Aqua Conditioning</i> 11:00am-12:00pm</p> <p>Adult Lap Swim, Water Walking & Tot Time 11 AM – 1 PM*</p> <p>Open Swim 1 PM – 8 PM</p> <p><i>Deep Water Fitness</i> 5:30 PM – 6:30 PM</p> <p>Adult Water Walking 7 PM – 8 PM</p>	<p>26</p> <p><i>Early Bird Lap Swim</i> 6 AM – 8 AM</p> <p><i>Total Aqua Conditioning</i> 11:00am-12:00pm</p> <p>Adult Lap Swim, Water Walking & Tot Time 11 AM – 1 PM*</p> <p>Open Swim 1 PM – 8 PM</p> <p><i>Aqua Bootcamp</i> 5:30 PM – 6:30 PM</p> <p><i>Water Polo</i> 8:00 PM – 9:00 PM</p> <p><i>Log Rolling</i> 8:15 PM – 9:00 PM</p>	<p>27</p> <p><i>Early Bird Lap Swim</i> 6 AM – 8 AM</p> <p><i>Total Aqua Conditioning</i> 11:00am-12:00pm</p> <p>Adult Lap Swim, Water Walking & Tot Time 11 AM – 1 PM*</p> <p>Open Swim 1 PM – 8 PM</p> <p><i>Deep Water Fitness</i> 5:30 PM – 6:30 PM</p> <p>Adult Water Walking 7 PM – 8 PM</p>	<p>28</p> <p><i>Early Bird Lap Swim</i> 6 AM – 8 AM</p> <p><i>Junior Lifeguarding</i> 9AM- 11AM</p> <p>Adaptive Open Swim 9:30AM-10:30AM</p> <p>Adult Lap Swim, Water Walking & Tot Time 11 AM – 1 PM*</p> <p>Open Swim 1 PM – 8 PM</p>	<p>29</p> <p>Long Course Lap Swim 7 AM – 10 AM</p> <p>Adult Lap Swim, Water Walking & Tot Time 11 AM – 1 PM*</p> <p>Open Swim 1 PM – 8 PM</p> <p>Wibit Inflatable Obstacle Course in Deep End 5:30 PM – 8 PM**</p>

Recreational Water Polo
Wednesdays, 8:00-9:00 pm
June 12-August 7
\$29 Residents/\$44 Non-Residents
Register at www.amesparkrec.org or
515-239-5350

Did you know Furman Aquatic Center is available for private rental?
Contact Valerie more information or to make your reservation. Reservations should be made at least two weeks in advance.
515-239-5362

Early Bird Lap Swim (Long Course)
Monday-Friday, 6:00-8:00 am
May 28-August 16
\$37 Residents/\$42 Non-Residents
(Per Day of the Week)
Register at www.amesparkrec.org or
515-239-5350

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