



CITY OF
AmesTM
PARKS & RECREATION

Fitch Family Indoor Aquatic Center October Calendar

Located at 115 N Elm St., Ames
Phone: 515-239-5440 Email: amesparkrec@cityofames.org
Website: www.amesparkrec.org
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DROP-IN ADMISSION: Adult Lap Swim/Water Walking:

\$6 Youth Story County Resident Fee (1-15)
\$7 Story County Resident Fee (* Adult 60+ \$6.50)
\$7 Youth Non-Resident Fee
\$8 Non-Resident Fee (* Adult 60+ \$7.50)
\$6.50 ISU Student

Adult Fitness/Aqua Aerobics:
Walking Track:

\$8 Resident/Non-Resident Fee
FREE during open hours

Pool Key:

IWE = Ind. Water Exercise
RP = Recreation Pool
WP = Wellness Pool
CC = Current Channel
LP = Lap Pool

<i>SUN</i>	<i>MON</i>	<i>TUES</i>	<i>WED</i>	<i>THURS</i>	<i>FRI</i>	<i>SAT</i>
				5:30 AM - 8 PM	5:30 AM - 8 PM	8 AM - 8 PM
				1 5:30 AM-8 PM Walking Track 5:30 AM-1 PM Lap Swim (LP) 7:30 AM-1 PM Water Walking (CC) 8-8:45 AM (WP) Aqua Fit 10 AM-1 PM Tot Time (RP) 1-5 PM Pool Closed 5-8:25 PM Swimming Lessons 7-8 PM Water Walking 7:15-8 PM Lap Swim Closed 8:15-9:45 PM No Priv. Rent.	2 5:30 AM-8 PM Walking Track 5:30 AM-1 PM Lap Swim (LP) 7-7:45 AM Aqua Fit (WP) 7:30 AM-1 PM Water Walking (CC) 9-9:45 AM Aqua Gentle (WP) 10 AM-1 PM IWE (WP) 10 AM-1 PM Tot Time (RP) 1-5 PM Pool Closed 5-7 PM Open Swim 7-8 PM Water Walking (CC) 7:15-8 PM Lap Swim (LP) No Swim Lessons 8:15-9:45 PM Priv. Rent.	3 7 AM-8 PM Walking Track 7-9 AM Lap Swim (LP) 9-11:50 AM Swim Lessons 9:45 AM-2 PM Water Walking (CC) 12-1:45 PM Lap Swim (LP) 12-1:45 PM IWE (WP) 12-2 PM Tot Time (RP) 2-8 PM Open Swim 8:15-9:45 PM Priv. Rent.

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