



www.cityofames.org/ccenter  
www.cityofames.org/prcalendars

**March**

**Monday-Friday**      **6:00 AM - 10:00 PM**  
**Saturday**            **8:00 AM - 4:00 PM**  
**Sunday**                **12:00 PM - 8:00 PM**  
(During Spring Break the facility will close at 8:00 PM Monday-Friday)

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1 <b>Cardio &amp; Weight Room</b> 12 – 8 PM	2 <b>Cardio Room</b> 6 AM –10 PM <b>Weight Room</b> 6 AM - 9 AM 9:50 AM –10 PM	3 <b>Cardio Room</b> 6 AM - 10 PM <b>Weight Room</b> 6 AM - 1:45 PM 2:30 PM–10 PM	4 <b>Cardio Room</b> 6 AM - 10 PM <b>Weight Room</b> 6 AM - 9 AM 9:50 AM - 10 PM	5 <b>Cardio Room</b> 6 AM - 10 PM <b>Weight Room</b> 6 AM - 1:45 PM 2:30 PM - 10 PM	6 <b>Cardio Room</b> 6 AM - 10 PM <b>Weight Room</b> 6 AM - 9 AM 9:50 AM - 10 PM	7 <b>Cardio &amp; Weight Room</b> 8 AM - 4 PM
8 <b>Cardio &amp; Weight Room</b> 12 – 8 PM	9 <b>Cardio Room</b> 6 AM –10 PM <b>Weight Room</b> 6 AM - 9 AM 9:50 AM - 10 PM	10 <b>Cardio Room</b> 6 AM - 10 PM <b>Weight Room</b> 6 AM - 1:45 PM 2:30 PM–10 PM	11 <b>Cardio Room</b> 6 AM - 10 PM <b>Weight Room</b> 6 AM - 9 AM 9:50 AM - 10 PM	12 <b>Cardio Room</b> 6 AM - 10 PM <b>Weight Room</b> 6 AM - 1:45 PM 2:30 PM - 10 PM	13 <b>Cardio Room</b> 6 AM - 10 PM <b>Weight Room</b> 6 AM - 9 AM 9:50 AM - 8 PM	14 <b>Cardio &amp; Weight Room</b> 8 AM - 4 PM
15 <b>Cardio &amp; Weight Room</b> 12 – 8 PM	16 <b>Cardio &amp; Weight Room</b> 6 AM - 8 PM	17 <b>Cardio &amp; Weight Room</b> 6 AM - 8 PM	18 <b>Cardio &amp; Weight Room</b> 6 AM - 8 PM	19 <b>Cardio &amp; Weight Room</b> 6 AM - 8 PM	20 <b>Cardio &amp; Weight Room</b> 6 AM - 8 PM	21 <b>Cardio &amp; Weight Room</b> 8 AM - 4 PM
22 <b>Cardio &amp; Weight Room</b> 12 – 8 PM	23 <b>Cardio Room</b> 6 AM - 10 PM <b>Weight Room</b> 6 AM - 9 AM 9:50 AM - 10 PM	24 <b>Cardio Room</b> 6 AM - 10 PM <b>Weight Room</b> 6 AM - 1:45 PM 2:30 PM - 10 PM	25 <b>Cardio Room</b> 6 AM - 10 PM <b>Weight Room</b> 6 AM - 9 AM 9:50 AM - 10 PM	26 <b>Cardio Room</b> 6 AM - 10 PM <b>Weight Room</b> 6 AM - 1:45 PM 2:30 PM - 10 PM	27 <b>Cardio Room</b> 6 AM - 10 PM <b>Weight Room</b> 6 AM - 9 AM 9:50 AM - 10 PM	28 <b>Cardio &amp; Weight Room</b> 8 AM - 4 PM
29 <b>Cardio &amp; Weight Room</b> 12 – 8 PM	30 <b>Cardio Room</b> 6 AM - 10 PM <b>Weight Room</b> 6 AM - 9 AM 9:50 AM - 10 PM	31 <b>Cardio Room</b> 6 AM - 10 PM <b>Weight Room</b> 6 AM - 9 AM 9:50 AM - 10 PM				

[For more information and pricing](#)