



Sunday 4 V4 Sand Volleyball League 2025

Team #	First Name	Last Name	Team Name	Cell Phone	Email
1	Jentry	Schafer	Sand Blasters		
2	Kendra	Kruse	Holy Spikes		
3	Jordan	Jorgensen	Land sharks		

Cancellations are decided one hour prior to the day's first scheduled games and posted on our hotline (515-239-5434) and Facebook Page (Ames Parks and Recreation)

Matches are played at Inis Grove Park, 2500 Duff Avenue

If you have questions, please contact Alex Krook at alex.krook@cityofames.org

Schedules and standings for all leagues can be accessed at www.amesparkrec.org

There is no tobacco/vape products allowed in the park

Food and drinks are allowed, but please keep off courts and dispose of all trash before leaving the park

All vehicles must be parked on a hard surface so please park in designated spots

18-May		
	IG 1	IG 2
4:00 PM		1 vs 2
5:00 PM		3 vs 1
6:00 PM		2 vs 3

No Games Memorial Day Weekend

1-Jun		
	IG 1	IG 2
4:00 PM		3 vs 1
5:00 PM		2 vs 3
6:00 PM		1 vs 2

8-Jun		
	IG 1	IG 2
4:00 PM		2 vs 3
5:00 PM		1 vs 2
6:00 PM		3 vs 1

15-Jun		
	IG 1	IG 2
4:00 PM		2 vs 1
5:00 PM		1 vs 3
6:00 PM		3 vs 2

22-Jun		
	IG 1	IG 2
4:00 PM		1 vs 3
5:00 PM		3 vs 2
6:00 PM		2 vs 1

29-Jun		
	IG 1	IG 2
4:00 PM		3 vs 2
5:00 PM		2 vs 1
6:00 PM		1 vs 3

No Games July 6th

13-Jul		
	IG 1	IG 2
4:00 PM		1 vs 2
5:00 PM		3 vs 1
6:00 PM		2 vs 3